July 2023

PLEASE REMEMBER YOU ARE SAFEGUARDED AND SUPPORTED!

WE WANT MORE FOR YOU!

Recognition can be defined as admiring someone and/or offering others respect for achievements. We want to do this more at Achieving Excellence UK Ltd, however large or small

We recognise the dedication and commitment needed to undertake apprenticeship programmes. Whilst they are work based, and you are entitled to time "off the job," it can still be a burden that requires hard work, balance and resilience.

Our tutors are here for you. They provide the platform to significantly develop your knowledge, skills and behaviours. However, we cannot do the work for you, you must put in a lot of planning, learning and assessment. Equally, never underestimate how important the involvement of your employer is. They should be understanding your learning, and helping it impact throughout your job role!

Here are Achieving Excellence we are so delighted with the example most of you set. Here is some feedback:

 Esther G is undertaking the Children and Young People Practitioner Level 4 apprenticeship standard (Residential):

"I learnt a lot about the course, I acquired new skills and knowledge about it. I've learnt about how to better create boundaries between staff and young people. This course is helping me see our young people like



family whilst maintaining professional boundaries, but we care and support them to help them find and explore their own skills and talents. This programme is helping me understand how to better help our young people become successful and independent, and to focus on their goals."

From Karen M, undertaking Children and Young People Practitioner level 4 – Residential:

"There's a saying, you already know what you need to know, you just don't know it.
Before I started my course, I was



apprehensive, doubtful of my abilities. However, that has all changed due to the support of my tutor, I am learning so much. I can see my skills and competencies develop thanks to the inspiration of my tutor.

I am pleased and proud of my progress and looking forward to my future."

This picture is me being arrested by some of my young people!

- A learner undertaking her Early Years Educator level 3
 has started fantastically, attending all planned
 sessions and submitting a high standard of work
 consistently. The learner also had the confidence to go
 above and beyond during an OFSTED inspection.
- An adult care learner left her comfort zone with professional discussions. She has now gained significant confidence and is requesting more PD's.
- A Level 3 Early Years learner started their programme so well, with what their tutor described as an "outstanding" activity plan and activity. Also, her first unit was "distinction" level.

We invite all apprentices to share experiances like these, with us and your employer. If you have to create them, start now!

Rick Shuttleworth

Director





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PREVENT - RADICALISATION & VULNERABILITY

Anyone can become radicalised, however, young people are more at risk of becoming radicalised due to a number of factors including:

- Low self-esteem
- Experiencing a traumatic event
- Family issues
- Questioning their place in society
- Struggling with a sense of identity

External factors play their part too, such as: community tension, events affecting the country or region where they or their parents are from, or having friends or family who have joined extremist groups. Exposure to one-sided points of view all contribute to the process of radicalisation.

Radicalisation is defined as the process by which people come to support terrorism and extremism and, in some cases, to then participate in terrorist groups.

Radicalisation does not happen suddenly, it is a gradual process which makes it harder for the person who is being radicalised to know what is happening.

https://youtu.be/NHmOnCRAGvw

Radicalisation can be difficult to spot, but signs that could indicate a child is being radicalised include:

- a change in behaviour
- changing their circle of friends
- isolating themselves from family and friends
- talking as if from a scripted speech
- unwillingness or inability to discuss their views
- a sudden disrespectful attitude towards others
- increased levels of anger
- increased secretiveness, especially around internet use
- accessing extremist material online
- using extremist or hate terms to exclude others or incite violence
- •writing or creating artwork promoting violent extremist messages

If you suspect someone is becoming radicalised it is vital that you report this to your local Multi-Agency Safeguarding hub, if you need support with this, please speak to Achieving Excellences safeguarding team.

BRITISH VALUES - RESPECT

British values underpin everything that we do in practice and one of the topics that British Values covered is mutual respect and tolerance.

This means understanding that we all don't share the same beliefs and values. Respecting the values, ideas, and beliefs of others whilst not imposing our own on others. Examples are:

- * Embracing diversity
- * Promoting awareness of religion, traditions, cultural heritage, and preferences
- * Tackling stereotyping, labelling, prejudice and discrimination

To do this in practice we can educate others as to what respect means in the workplace, ensure that policies are in place to promote and maintain respect.

What can you do?

Does your workplace embrace a diverse workforce? What are the benefits of a diverse work force?

How do you celebrate your colleagues religions?

What would you do if there was any instances of discrimination within your workplace?





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SAFEGUARDING – WORLD DAY AGAINST TRAFFICKING PEOPLE, 30/7/23



The United Nations defines human trafficking as 'the recruitment, transportation, transfer, harbouring or receipt of persons, by means of the threat or use of force or other forms of coercion, of abduction, of fraud, of deception, of the abuse of power or of a position of vulnerability or of the giving or receiving of payments or benefits to achieve the consent of a person having control over another person, for the purpose of exploitation.

Exploitation shall include, at a minimum, the exploitation of the prostitution of others or other forms of sexual exploitation, forced labour or services, slavery or practices similar to slavery, servitude or the removal of organs.'

This year's <u>theme</u> puts victims of human trafficking at the centre of the campaign and will highlight the importance of listening to and learning from survivors of human trafficking.

In 2020 the united Nations Global Plan of Action to Combat Trafficking in Persons presents a global picture of the patterns and flows of trafficking, within this report it summarised that for every 10 victims detected globally, about five were adult women and two were girls and that, although trafficking can happen anywhere, it is more prevalent in North America.

The report also showed that 72% of women or girls who are trafficked are done so for sexual exploitation, where as with men 66% are used for forced labour. Human trafficking is illegal in any form and if you think that someone is at risk of being trafficked you should contact your local police or safeguarding team.

https://www.unodc.org/unodc/data-and-analysis/glotip.html

HEALTH AND WELL-BEING - NHS STRIKES

As we have been seeing in the news there is a crisis in the NHS with a shortage of staff and front-line workers striking, following Covid 19 there have been backlogs on NHS treatments after the hospitals manging people who had Covid and elective procedures being postponed.

We have seen nurses and junior doctors taking strike action in relation to their pay starting in December 2022 when nurses completed a 12 hour strike on both the 15th and 20th of December.

So far around 650,000 appointments, operations and procedures have been postponed as a result of strike action in the NHS in England alone, with the threat of more cancellations to come as doctors are preparing to stage more strikes next week.

Later this month, junior doctors are planning to stage the largest walkout in the NHS's history – from July 13-18. Consultants – the most senior doctors in the NHS – are planning to stage industrial action from July 20-21, when they will only provide scaled-back "Christmas Day cover".

Junior doctors are any doctor that has not reached consultant level, this does not mean new doctors to he field but doctors who have worked in the NHS for a number of years, most doctors you see will be considered 'junior doctors'.

Doctors and nurses are striking as they have requested a 35% pay rise, Publicly, the BMA prefers not to talk about wanting a pay rise. Instead, it uses the term "pay restoration" - to reverse cuts of 26% since 2008. This is the amount pay has fallen once inflation is taken into account.

To rectify a cut of 26% requires a bigger percentage increase because the amount is lower. This is why the BMA is actually after a 35% increase - and it is a rise it is calling for to be paid immediately.

What does this mean for you?

The doctors and nurses striking can lead to a further backlog with an already struggling NHS, many appointments will be cancelled or postponed but the NHS will not put peoples lives at risk due to the strikes, any life threatening illnesses will be managed but elective procedures may be cancelled.

If you are ill or need medical services it is important to visit the correct place, your GP or pharmacist may be able to help rather than visiting the hospital.





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EQUALITY AND DIVERSITY - LGBTQ PRIDE



In July we celebrate Disability Pride month, this focuses on being proud of who you are and 'accepting and honouring each person's uniqueness and seeing it as a natural and beautiful part of human diversity'

There are currently 14.1 million people registered as having a disability within the UK and this does not account for those who have either not registered their disability or those who do not have a disability that requires registering such as a learning difficulty or disability.

We have seen a societal shift in acceptance towards those with a disability and how inclusion provides more opportunities for those with a disability to be able to reach their full potential, which is amazing but there is still work to be done!

Within the Equality Act 2010, the protected characteristics were outlined, and these are what it is illegal to discriminate against and this includes disability, this means that it is not permitted to be prejudice against people due to any disability and those with disabilities should be supported to be able to have equal opportunities to those who do not have disabilities.

At Achieving Excellence we believe that our learners deserve the best experience whilst on their apprenticeship and we will adapt our teaching and tailor our programmes to support anyone who has a disability to be able to achieve their qualification in a way that is best for them, if you need additional support, please speak to your tutor or the safeguarding team and we will do our best to help.

PERSONAL DEVELOPMENT - FREE TRAINING

As part of our delivery to you, you can select two free online learning modules from below. Please ensure it relates to your role and apprenticeship. Please let your tutor know any preferences.

- Anaphylaxis and Autoinjectors,
- Bribery Act, Communication,
- Display Screen Equipment,
- Equality and Diversity,
- Fraud and Fraud Prevention,
- General Data Protection Regulations,
- Infection Prevention and Control,
- Introduction to Fire Safety in the Workplace,
- Managing Conflict,
- Prevention of Money Laundering,
- Safeguarding Children,
- Self-Awareness and Personal Development,
- Stress Management,
- Teamworking

Please confirm with your tutor which training you require.



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YOUR PROGRAMME - JARGON BUSTER

We are aware we live in an era of acronyms and terminology. Often it can be confusing, so here is some definitions:

EPA or End Point Assessment

As part of your apprenticeship standard, you are required to pass an End Point Assessment. This is to verify you have obtained the knowledge, skills and behaviours of your programme. Whilst your End Point Assessment is at the very end of your programme, your tutor supports you with this from the beginning!

Off the job or OTJ teaching, learning and assessment.

This means you receive teaching, learning and assessment AT WORK. You are at work but away from normal duties and responsibilities. And don't forget that whilst off the job includes classroom learning, it also includes ANY learning that contributes to your programme, at work, supervision, etc.

Knowledge, skills and Behaviours or KSB's

These are what makes up your apprenticeship modules. For example, you will learn and demonstrate your knowledge, skills and behaviours against the health and safety module, etc.

Planned End Date or PED

This is the date you should be finishing your programme.

Information, Advice and Guidance (IAG)

This links to your education and career, looking at your recommended path before, during and after your programme. It also includes overcoming any barriers to learning, etc.

OFSTED

Her majesties inspectorate for education. Like CQC or early years inspections, they come to Achieving Excellence to inspect the quality of our provision.

SAFEGUARDING REMINDER

"... <u>safeguarding</u> means protecting a person's right to live in safety, free from abuse and neglect.

Safeguarding is aimed at people with care and support needs who may be in vulnerable circumstances and at risk of abuse and neglect."

Definition of Safeguarding from Care Act 2014 . If someone is in immediate danger dial 999.

Alternatively, speak to HR or contact:

- <u>Safeguarding@achievingexcellenceukltd.com</u> for impartial reporting, advice and/or guidance
- Designated Safeguarding Officer: Richard Shuttleworth, 07792655931, rick@achievingexcellenceukltd.com
- Designated Safeguarding Lead: Charlotte Parman, 07854 88 817
 <u>charlotte@achievingexcellenceukltd.com</u>
- Deputy Safeguarding Officer: Janice Oliver, 07956288049, janice@achievingexcellenceukltd.com

Please report any safeguarding concerns to your local council safeguarding team or board if you feel issues are not being addressed or follow whistle-blowing procedures.



