

LEARNER NEWSLETTER

June 2023

FOR SUPPORT EMAIL [SAFEGUARDING@ACHIEVINGEXCELLENCEUKLTD.COM](mailto:safeguarding@achievingexcellenceukltd.com)

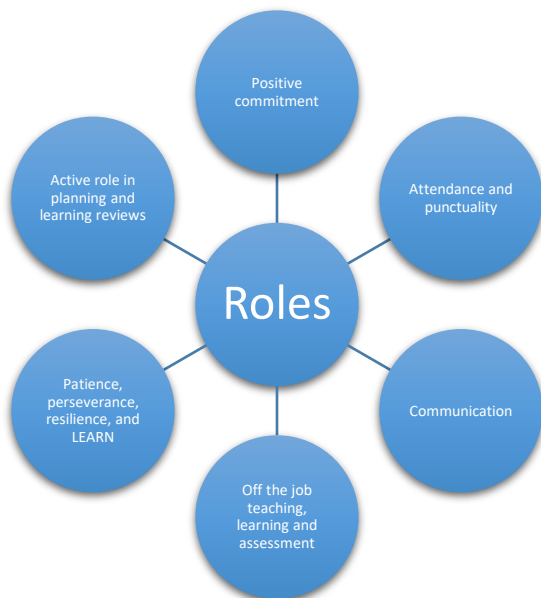
RESPONSIBILITY

We hope you are enjoying the beautiful weather; this wonderful country is stunning when we have consistent seasons!

As the academic year end approaches, we wanted to remind those apprentices who are passed their planned end date they will be on a Rapid Action Plan for successful completion.

Each of these newsletters in various parts, reminds apprentices of apprenticeships, what is required and how they are delivered. We are reminded of our shared responsibility.

You will hopefully remember this chart from your induction where we discuss the roles and responsibilities of yourselves, your tutor and your employer.



We are thankful to so many apprentices for taking responsibility and ownership for their programmes.

Achieving Excellence strive to provide the platform for teaching, learning and assessment. We don't

always get it right, but we aim to swiftly solve issues. However, we provide an excellent support network, along with a modern sequenced curriculum and highly experienced tutors.

What remains is for some apprentices and employers to take greater ownership and responsibility. For those who already do, consider how you can strengthen that even further.

As adult apprentices this is YOUR programme and YOUR work. We, you and your employer are only as good as:

- The planning we all put in, including off the job training
- Understanding programme content and requirements including things like End Point Assessment
- Understanding short term and long term deadlines and timescales, like your planned end date
- Participating in learning reviews within every 12 weeks.
- Understanding broader support around safeguarding, British Values, and personal development.
- Open and transparent communication
- Etc

We invite our tutors, employers and apprentices to raise the bar with these programmes, to secure significantly greater impact on apprentices and their work life... driving an increase in professionalism to service users.

Rick Shuttleworth

Director

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PREVENT – ARMED FORCES DAY, 24/6/23



Armed Forces Day is a chance to show your support for the men and women who make up the Armed Forces community: from currently serving troops to Service families, veterans and cadets.

In 2022, there were over 148 thousand personnel serving in the British Armed Forces, this includes the Army, Royal Air force, Royal Marines and Navy.

Being in the armed forces often means being posted away from home for long periods of time to protect and serve the United Kingdom and this can have an impact on families of those serving, including children. There are charities such as <https://www.littletroopers.net/> set up to support children whose parents are serving in the armed forces.

We join together on the 24th June to show our support for what our armed forces do and how they protect individuals within the UK, do to this in your work place you could hold your own event or join one of the events that are being held across the country <https://www.armedforcesday.org.uk/get-involved/>

During the Covid 19 pandemic we saw our armed forces redeployed to help and support those who were struggling during the pandemic by offering help with taking supplies to those in need and continuing to serve the country in particularly testing times, so, we thank those who have done so.

BRITISH VALUES – RESPECT



British values underpin everything that we do in practice and one of the topics that British Values covered is mutual respect and tolerance.

This means understanding that we all don't share the same beliefs and values. Respecting the values, ideas, and beliefs of others whilst not imposing our own on others. Examples are:

- * Embracing diversity
- * Promoting awareness of religion, traditions, cultural heritage, and preferences
- * Tackling stereotyping, labelling, prejudice and discrimination

To do this in practice we can educate others as to what respect means in the workplace, ensure that policies are in place to promote and maintain respect.

What can you do?

Does your workplace embrace a diverse workforce?
What are the benefits of a diverse work force?

How do you celebrate your colleagues' religions?

What would you do if there was any instances of discrimination within your workplace?

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SAFEGUARDING – INTERNATIONAL DAY OF SUPPORT OF VICTIMS OF TORTURE, 26/6/23

The UN International Day in Support of Victims of Torture on 26 June marks the moment in 1987 when the UN Convention Against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment, one of the key instruments in fighting torture, came into effect.

"[T]he term 'torture' means any act by which severe pain or suffering, whether physical or mental, is intentionally inflicted on a person for such purposes as obtaining from him or a third person information or a confession, punishing him for an act he or a third person has committed or is suspected of having committed, or intimidating or coercing him or a third person, or for any reason based on discrimination of any kind, when such pain or suffering is inflicted by or at the instigation of or with the consent or acquiescence of a public official or other person acting in an official capacity. It does not include pain or suffering arising only from, inherent in or incidental to lawful sanctions." — *Convention against Torture and other Cruel, Inhuman or Degrading Treatment or Punishment (1984, art. 1, para.1)*

Unfortunately, in the world many people are still subjected to torture and the International Day of Support is to help those who have been victims of torture and raise awareness of what torture is and how this is illegal within the United Nations.

Educate and train staff and others about torture, what it is and the impact of torture on individuals.

As torture is illegal you can report any concerns to the police on 999, and as always, our safeguarding team are here to help if you have any concerns.

Additional information:

<https://www.un.org/en/observances/torture-victims-day>

<https://www.amnesty.org/en/what-we-do/torture/>

HEALTH AND WELL-BEING – HEALTHY EATING WEEK, 12-16TH JUNE

[The Health Survey for England 2019](#) estimates that 28.0% of adults in England are obese and a further 36.2% are overweight but not obese. Obesity is usually defined as having a body mass index (BMI) of 30 or above. BMI between 25 and 30 is classified as 'overweight'.

This can lead to long term health implications, a shorter life expectancy and an unhealthy lifestyle.

Perhaps more worryingly, 14.4% of reception age children (age 4-5) are obese, with a further 13.3% overweight. At age 10-11 (year 6), 25.5% are obese and 15.4% overweight. [National Child Measurement Programme](#).

Healthy Eating Week - For Everyone!

The cost-of-living crisis continues to have an impact on the affordability of healthier diets for so many of us. With this in mind, for Healthy Eating Week 2023 we're focussing on providing free, evidence-based advice and support **for everyone** who wants to find their way to eat a healthier diet regardless of these barriers.

What can you do to help healthy eating in your workplace?

Do you offer a variety of healthy foods at lunch time if meals are available on site? If you have vending machines at work, do they have healthy alternatives?

If you work with children, do you promote healthy eating to both the child and their parents?

Additional information:

<https://www.nhs.uk/live-well/eat-well/food-guidelines-and-food-labels/the-eatwell-guide/>

<https://commonslibrary.parliament.uk/research-briefings/sn03336/>

<https://www.nutrition.org.uk/healthy-eating-week/>

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EQUALITY AND DIVERSITY – LGBTQ PRIDE



Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ) Pride Month is currently celebrated each year in the month of June to honour the 1969 Stonewall Uprising in Manhattan. The Stonewall Uprising was a tipping point for the Gay Liberation Movement in the United States and this also changed the Gay Liberation Movement across the world.

In 1969 the Stonewall Inn was a popular gay bar in New York City and at the time it was illegal to serve alcohol to a gay person and homosexuality was considered a criminal offense. During the early hours of the morning police raided the bar and arrested several punters due to their sexuality and that they were cross dressing, as a result of the raid a protest started and continued for a week, this led to the first pride march being held on June 28th 1970. Although in the United States homosexuality was legalised in some states in 1962, it took until 2003 for Texas to decriminalise homosexual relations. And in 2009, President Barack Obama signed into law a new hate crime act.

LGBTQ is celebrated in the UK in July, with the pride march in London being held on 1st July 2023.

Within Equality and diversity, it is illegal to discriminate against individuals for the protected characteristics and this includes sexuality, if you feel that you have been discriminated against due to your sexuality at work or during your learning programme please speak to your trainer or the safeguarding team at Achieving Excellence.

PERSONAL DEVELOPMENT – WINDRUSH 75



The arrival of the ship HMT Empire Windrush at Tilbury docks in 1948, bringing more than 800 passengers from the Caribbean, is a moment that shaped modern Britain. On 22 June 2023 we will mark its 75th anniversary.

Windrush Day has become a key symbolic moment in the story of the Black British contribution to this country and the broader post-war migration from across the Commonwealth and beyond that helped create the modern Britain that we share today.

The 75th anniversary year offers an unparalleled opportunity to deepen the public conversation about the past, present and future of modern Britain.

New Focaldata research for the Windrush 75 Network and British Future finds that 23 million Britons would like to know more about the Windrush story – and two-thirds (64%) of the public thinks children should be taught about the Empire Windrush to help understand Britain's history of empire and how it relates to migration and our diverse society today.

Please ensure you are familiar with Windrush and the impact it had on the UK!

[Windrush 75](#)

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YOUR PROGRAMME – JARGON BUSTER



We are well aware we live in an era of acronyms and terminology. Often it can be confusing, so here is some definitions:

EPA or End Point Assessment

As part of your apprenticeship standard, you are required to pass an End Point Assessment. This is to verify you have obtained the knowledge, skills and behaviours of your programme.

Off the job or OTJ teaching, learning and assessment.

This means you receive teaching, learning and assessment AT WORK. You are at work but away from normal duties and responsibilities. And don't forget that whilst off the job includes classroom learning, it also includes ANY learning that contributes to your programme, at work, supervision, etc.

Knowledge, skills and Behaviours or KSB's

These are what makes up your apprenticeship modules. For example, you will learn and demonstrate your knowledge, skills and behaviours against the health and safety module, etc.

Planned End Date or PED

This is the date you should be finishing your programme.

Information, Advice and Guidance (IAG)

This links to your education and career, looking at your recommended path before, during and after your programme. It also includes overcoming any barriers to learning, etc.

OFSTED

Her majesties inspectorate for education. Like CQC or early years inspections, they come to Achieving Excellence to inspect the quality of our provision.